

Mahaska County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- Obesity population in Mahaska County. The 2008 Community Health Status Report showed 20.5% of Mahaska County residents are obese. For children ages 0-5 years old enrolled in WIC in Mahaska County 17.1 % of children were >95th%. Placing Mahaska County as number 85 compared with all other Iowa counties (rank 1 = best).

Prevent Injuries

Problems/Needs:

- No Child Abuse Council in Mahaska County. There are currently in 2010, 80 counties that have Community-Based Child Abuse Prevention programs, Mahaska Co. currently does not have a council. Mahaska County ranked number 47 for child abuse in 2009; ranking was compared with other Iowa counties.

Protect Against Environmental Hazards

Problems/Needs:

None identified

Prevent Epidemics and the Spread of Disease

Problems/Needs:

None identified

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

Strengthen the Public Health Infrastructure

Problems/Needs:

- Hospital readmissions rates according to Clark et al. 64% of patients said no one at the hospital talked to them about managing their care at home and 81% of patient requiring assistance with basic functional needs failed to have a home care referral.
- Providing care to uninsured, underinsured or Iowa Cares in Mahaska County
- Transportation locally and out of town medical or mental health services.
- Inadequate number of family health care providers that do obstetric care.

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Reduce obesity population in Mahaska county. The 2008 Community Health Status Report showed 20.5% of Mahaska County residents obese. For children 0-5 years enrolled in WIC in Mahaska County 17.1 % of children were >95th%. Placing Mahaska County 85th compared with all other Iowa's counties (rank 1 = best).	Expand the STEP Program (Start To Eat Healthy) which promotes healthy life styles with proper diet and exercise for young teens by researching funding options or grants so teens that want to enroll but can't afford can be offered this service.	Mahaska Hospital	Spring 2014
	Identify in our community other programs that are available and assist in reaching the targeted audience.	Mahaska Public Health	Fall 2013
	Collaborate with local existing agency and programs that have strong evidences based programs, investigate funding sources to secure funding for as many participants needed.	Mahaska Public Health	Spring 2015

Goal	Strategies	Who is responsible?	When? (Timeline)
Establish a Child Abuse Council in Mahaska County with programs that will support, educate and prevent child abuse. Decreasing the rate of abused children in Mahaska County	Collaborated with current local agency and programs to find what needs of the youth in community are not being served.	Mahaska Safe Kids Board	Spring 2012
	Explore funding to establish a program that would sustain multiple program services.	Mahaska Safe Kids Board	Fall 2011
	Identify community partners willing to invest time and funding into youth, young adults and families.		Spring 2013
	Educate public on new programs as they become developed with local media in the area.	Mahaska Safe Kids Board	Spring 2012
	Investigate programs with adequate outcomes benefit population to best be served.	Mahaska Safe Kids Board	Fall 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
To reduce Mahaska Hospital readmissions by 5% in the next year. Decreasing the number of readmissions within 30 days from discharge of Mahaska Hospital.	Transitioning patients from hospital to home with specific material based on their diagnosis. Phase 1: Will roll out a CHF transition program by August 1, 2010. Will include patient specific CHF materials and nursing instruction with a method to verify patient or caregiver understanding called teachback.	Mahaska Hospital	completed
	Phase 2: Free Community workshop on CHF	Mahaska Hospital	March 12, 2011
	Phase 3 Identifying the outpatient touches that the patient has including ER visits or other various interventions.	Mahaska Hospital	Fall 2011
	Roll out a COPD transition program	Mahaska Hospital	April 1, 2011
	Roll out a COPD Free Community Workshop	Mahaska Hospital	Fall 2011
	Develop a Diabetes transition program.	Mahaska Hospital	May 1, 2011